

1975 Region 1-A - May 30th at Albert Lea

Teams: Northfield 161, Waseca 68.5, LaCrescent 43, Stewartville 38, Southland 34, Winona Cotter 32, Rochester Lourdes 29.5, Blooming Prairie 26, Lake City 23, Austin Pacelli 20, Cannon Falls 18, Caledonia 3.

Shot Put

- 1 Tom Lofgren, Stewartville 50-8 **
- 2 C. Schwalbee, Northfield 48-11
- 3 Jack Holt, Lourdes 47-9
- 4 Durbahn, Stewartville 45-6
- 5 Peters, Waseca 43-7
- 6 Holt, Northfield 41-6

120 High Hurdles

- 1 N. Swearer, Northfield 15.9
- 2 Steve Cunningham, Waseca 16.0
- 3 Bridley, Northfield 16.0
- 4 Anderson, Cannon Falls 16.6
- 5 Ayer, Pacelli 16.7
- 6 Jacobson, Blooming Pr. 16.7

100

- 1 Jon Soule, Cannon Falls 10.5
- 2 P. Sheedy, Blooming Pr 10.7
- 3 Jordan, Northfield 10.9
- 4 Cunningham, Waseca 10.9
- 5 Brostrom, LaCr 11.0
- 6 Malone, Stewartv 11.1

Mile

- 1 Rob Serres, La Crescent 4:38.1
- 2 Paul Lampa, Northfield 4:39.4
- 3 Holmgren, Northfld 4:42.4
- 4 Schneider, Southland 4:44.0
- 5 Hatteberg, Blooming Pr 4:44.5
- 6 Krisner, Lake City 4:47.3

880 Relay

- 1 Northfield 1:35.0 (Jordan, Bryan, Machacek, Koehler)
- 2 Southland 1:35.5
- 3 Blooming Prairie 1:36.2
- 4 Stewartville 1:39.0
- 5 Lourdes 1:39.5
- 6 Waseca 1:39.6

440

- 1 Mike Lamberty, Northfield 52.1
- 2 Dan Ryan, La Crescent 52.2
- 3 Hanson, Waseca 52.5
- 4 Pete Tlougan, Cotter 54.1
- 5 Amos, Stewartv 54.2
- 6 Dudley, Northfld 55.5

180 Low Hurdles

- 1 Steve Cunningham, Waseca 20.7
- 2 N. Swearer, Northfield 21.5
- 3 Bridley, Northfld 21.5
- 4 Thesing, LaCr 22.0
- 5 Rohde, Waseca 22.3
- 6 Doocy, Blooming Pr 22.7

Sprint Medley

- 1 Northfield 3:46.2 (Bryan, Koehler, Knowles, McWilliams)
- 2 Austin Pacelli 3:48.0
- 3 Rochester Lourdes 3:51.0
- 4 Southland 3:51.1
- 5 Blooming Prairie 3:52.2
- 6 Waseca 3:56.4

880

- 1 Terry Fleming, Cotter 2:00.0 **
- 2 Dennis Langen, La Crescent 2:03.9
- 3 Johnson, Northfld 2:04.2
- 4 Kennedy, LaCr 2:06.0
- 5 Gerdes, Caledonia 2:10.0
- 6 Matzke, Caledonia 2:10.7

220

- 1 Amie Fauske, Southland 23.9
- 2 D. Machacek, Northfield 24.2
- 3 Sheedy, Blooming Pr 24.2
- 4 Jordan, Northfld 24.7
- 5 Malone, Stewartv 24.9
- 6 Brostrom, LaCr 25.1

2 Mile

- 1 Dan Peters, La Crescent 9:55.5 **
- 2 Chris Bierman, Northfield 10:05.0
- 3 Pete Gathje, Lourdes 10:33.0
- 4 Klauda, Lourdes 10:36.3
- 5 R Serres, LaCr 10:38.2
- 6 Geilert, Cannon F 10:42.0

Discus

- 1 Steve Cunningham, Waseca 149-5 **
- 2 Bill Durbahn, Stewartville 141-3
- 3 Peters, Waseca 138-7
- 4 Dunbar, Lake City 130-3
- 5 Ryan, LaCr 126-3
- 6 Schwalbe, Northfld 123-3

Long Jump

- 1 Jim Breza, Cotter 19-6.5
- 2 Randy Hanson, Waseca 19-5.5
- 3 Monson, Southland 19-4.5
- 4 King, Stewartv 19-4
- 5 Myhre, Stewartv 19-2.5
- 6 Svien, Cannon Falls 19-1

Mile Relay

- 1 Northfield 3:31.2 (Lamberty, Swearer, Knowles, Kohler)
- 2 Winona Cotter 3:38.5
- 3 La Crescent 3:39.4
- 4 Lourdes 3:42.2
- 5 Pacelli 3:42.4
- 6 Stewartville 3:44.0

Pole Vault

- 1 Mark Witt, Northfield 12-3 **
- 2 Jim Knowles, Northfield 11-6
- 3 Root, Waseca 11-0
- 4 McKay, Waseca 10-6
- 5 Landhaar, Southland 10-0
- 6 Krolak, Lourdes 10-0

High Jump

- 1 G. Hill, Northfield 6-4
- 2 Jim Headington, Pacelli 6-4
- 3 Lindsey, Northfld 6-0
- 4 Dunbar, Lake City 6-0
- 5 Grote, Cannon F 5-10
- 6 Arnold, Lourdes 5-8

** Meet Record

Notes: